

Name \_\_\_\_\_ **Kitchen Safety**



## Common Kitchen Accidents

Kitchens are fun places! We can bake cookies, make delicious dinners, and enjoy time with our families. But, like all fun places, we have to be careful. Accidents can happen, especially if we're not paying attention. Here are some common accidents that can happen in the kitchen:

**Cuts** - Kitchen knives are sharp! It's easy to get a cut if we're not careful when chopping vegetables or slicing bread. Always hold the knife by its handle and cut away from your body. And if you're a kid, ask an adult for help!

**Burns** - Ovens, stoves, and toasters can get super hot. If we touch them, we can burn our hands or fingers. Also, hot water from a kettle or boiling pot can splash and burn us. Remember to use oven mitts and be extra careful around hot things.

**Slips and Falls** - Spilled water, milk, or even a piece of lettuce on the floor can make it slippery. If someone steps on it, they might slip and fall. Always clean up spills right away and keep the floor dry.

**Fire** - If we forget about our food in the oven or on the stove, it can catch fire. Also, if a towel or paper is too close to the burner, it can ignite. It's important to always watch our food and keep things away from open flames.

**Choking** - Sometimes, we're so excited to eat that we don't chew our food well. Big pieces of food can get stuck in our throat, and we can choke. Take small bites, chew well, and don't talk or laugh with food in your mouth.

**Poisoning** - Some things in the kitchen shouldn't be eaten, like cleaning supplies. They can be poisonous. Always make sure to store these items away from food and out of reach of little kids.

### How to Stay Safe?

Being safe in the kitchen means paying attention and knowing what dangers are around. Here are some quick tips:

- Ask an adult for help if you're unsure.
- Clean up messes right away.
- Don't play in the kitchen, especially near the stove or oven.
- Always wash your hands before cooking or eating.
- Remember, the kitchen can be a wonderful place if we're careful and aware of our surroundings. So, next time you're in the kitchen, think safety first, and then enjoy your yummy treats!

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### Reading Comprehension Questions

1. Why do we need to be careful with kitchen knives?
2. What should you do if there's a spill on the kitchen floor?
3. What can catch fire if it's too close to the burner?
4. Why is it dangerous to talk or laugh with food in your mouth?
5. What is one thing you should always do before cooking or eating?