



## Resource Guide

This information is provided as a service to residents of Crow Wing County. It is neither a recommendation nor an endorsement by Crow Wing County Community Services, as to the quality of service provided by any organization listed.

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## ADULT DAY SERVICES

- Breath of Life Adult Day Service..... (218) 822-3296  
(Woodland Good Samaritan Campus)  
Cummings Treasured Time Adult Day Center..... (218) 546-5071  
Senior Class Community..... (218) 568-5605  
Brighter Horizons..... (218) 829-0636

## ADVOCACY SERVICES

- Crime Victim Services..... (218) 828-9518  
Disability Hub .....(866) 333-2466  
Disability Specialists.....(800) 642-6393  
Help Me Connect.....[helpmeconnect.web.health.state.mn.us](http://helpmeconnect.web.health.state.mn.us)  
Long Term Care Ombudsman.....(218) 828-2366  
Mental Health and Developmental Disabilities Ombudsman.....(651) 757-1800  
[MinnesotaHelp.info](http://MinnesotaHelp.info) .....Web based directory of statewide senior help.  
Senior Linkage Line .....(800) 333-2433  
Tenants Hotline (Information and Advocacy for Tenants) .....(612) 728-5767  
Tubman Elder Care and Rights Center.....(651) 789-6770  
The Arc (Intellectual and Developmental Disabilities).....(833) 450-1494  
Veteran's Linkage Line .....(888) 546-5838  
Vulnerable Adult Reporting .....(844) 880-1574  
Relationship Safety Alliance .....(218) 828-1216  
[WeAreResourceful.org](http://WeAreResourceful.org)..... (Helping with health care, legal aid, food pantries, food delivery, housing transportation, counseling, dental care and more.)  
Safe at Home.....(651) 201-1399

## CHEMICAL DEPENDENCY

- Alcoholics Anonymous Lakes Area Alano (Baxter).....(218) 825-3770  
Alcoholics Anonymous.....[www.aa.org/](http://www.aa.org/)  
Central Lakes Drug Testing (Brainerd).....(218) 829-9326  
Cuyuna Range Alano (Ironton) .....(218) 546-8284  
Carlyn Becker Therapy Services..... (218) 821-1208

Essentia Health SUD – Baxter.....	(218) 205-0277
13060 Isle Dr Baxter, MN 56425	
Focus.....	(218) 828-7374
Four Winds.....	(218) 454-8900
Lakeview Behavioral Health.....	(218) 316-6555
Leech Lake Band Addictions & Dependency Program .....	(218) 335-8308
Lighthouse Beginnings.....	(218) 673-7891
Mille Lacs Band Substance Use Services.....	(320) 532-7773
MN Adult & Teen Challenge.....	(218) 838-8777
Narcotics Anonymous Minnesota 24-hour help line.....	(877) 767-7676
Northern Pines Mental Health.....	(218) 454-3826
Nystrom & Associates.....	(218) 829-9307
Pine Manor Detox and Treatment program (Nevis) .....	(218) 732-4337
Quit Partner .....	(800) 784-8669
UpFront Alana Club – Daily Support Group Meetings.....	(218) 828-4811
302 4 <sup>th</sup> Ave NE Brainerd, MN 56401	
Valhalla.....	(218) 545-1010
<b><u>CENTRAL MN MENTAL HEALTH CENTER</u></b>	
Detox and Treatment (St. Cloud).....	(320) 252-6654

## **CHILD/FAMILY RESOURCES**

Alex & Brandon Child Safety Center.....	(218) 828-0022
WIC.....	(218) 824 1073 - Text Line (218) 839-0157
Child Protection Services.....	(218) 824-1140
CWC Child Support.....	(218) 824-1260
Childcare Aware of MN .....	(888) 291-9811
<a href="http://www.childcareawaremn.org">www.childcareawaremn.org</a>	
Collaborative Service Team.....	(218) 454-5529
<b>Early Childhood Family Education (ECFE)</b>	
Brainerd .....	(218) 454-5430
Crosby .....	(218) 545-8800 ext 6976
Pequot Lakes .....	(218) 568-9224
Paul Bunyan Education Cooperative/ Early Childhood Special Education .....	
(218) 454-5500 or (877) 828-7003	
<b>TCC Head Start</b>	

Brainerd ..... (218) 829-2410  
 Crosby ..... (218) 546-6142  
 Parent Aware (ParentAware.org) ..... (888) 291-9811  
 Milk Banking-University of Minnesota Medical Center..... (612) 672-4122

**Infant Feeding Support Lines**

Essentia Health Brainerd/Baxter ..... (855) 710-2229  
 Lakewood Health System ..... (218) 894-8846  
 Lakes Area Pregnancy Support Center ..... (218) 825-0793  
 Essentia Health St. Joseph's Medical Center ..... (218) 829-2861 ext 6217  
 Mahube-Otwa Community Action Partnership ..... (218) 632-3600  
 MN Family Planning & STD Hotline ..... 800) 783-2287

**North Central Breastfeeding Network**

- Crow Wing County Community Services..... (218) 824-1080
- Aitkin County Health and Human Services ..... (218) 927-7200
- Morrison county Public Health ..... (320) 632-0346
- Todd County Health and Human Services ..... (320) 732-4500
- Wadena County Public Health..... (218) 631-7629

Otter Tail-Wadena Community Action Council  
 Family Planning Clinic ..... (218) 346-3612  
 Birthright..... (218) 829-8470  
 Bridge to Benefits..... [Bridgetobenefits.org](http://Bridgetobenefits.org)  
 CWC Health Division..... (877) 724-1080 or (218) 824-1073  
 The Lice Guides ..... (320) 232-0414

**CLINICS**

Essentia Health St Joseph's, Brainerd/Baxter Clinic – Info..... (218) 829-7100  
 Cuyuna Regional Medical Center – Clinic..... (888) 420-2778  
 Crosslake Clinic..... (218) 692-1010  
 Lakewood Clinic – Pillager..... (218) 746-4550  
 Pequot Family Clinic..... (218) 568-4416  
 Pine River Family Clinic..... (218) 587-4416  
 Veterans Administration Outpatient Clinic, Brainerd..... (218) 855-1115  
 WeARE..... (218) 454-1546

**COMPANION SERVICES**

Advantage PCA Services..... (218) 838-4543

Comfort Keepers.....(218) 822-3200  
 Golden Heart Home Health Services.....(218) 820-0871  
 Lutheran Social Services .....(218) 824-3804  
 Lutheran Social Services of MN.....(218) 829-5000

## **CRISIS LINES**

Crow Wing County Victim Services.....(218) 828-9518  
 Crisis Line and Referral Service ..... (800) 462-5525 or (218) 828-HELP (4357)  
 Crisis Nursery .....(218) 330-2106  
 Focus Unit.....(218) 828-7374  
 Friendship Line .....(800) 971-0016  
 LSS Saving Grace – Sexual Exploitation/ Trafficking services .....(218) 829-5000 x 6  
 LSS of Minnesota.....(866) 824-3770 (24/7 Hotline)OR (218)824-3770  
 Relationship Safety Alliance.....(218) 828-1216  
 Meta5-CLC .....(218) 855-8210  
 National Suicide Prevention Hotline.....988 OR...(800) 273-8255  
 New Leaf Healing Center - Crisis residential stabilization for adults  
 (Cohasset).....(218) 910-4855  
 Safe Harbor Crisis Stabilization Services – Crisis residential stabilization for adults  
 (Brainerd) .....(218) 454-3844  
 Sexual Assault Services..... (218) 828-0494 / (888) 458-0494  
 Suicide Text Line.....Text HOME to 741741  
 The Trevor Project..... (866) 488-7386  
 Veterans Crisis Line .....988 then press1  
 Warm Line.....(844) 739-6369

## **CUSTOMIZED LIVING SERVICES**

Bethany Good Samaritan Apartments .....(218) 829-4366  
 1953 South 7<sup>th</sup> Street N, Brainerd  
 Carefree Living .....(218) 829-8622  
 2723 Oak St, Brainerd  
 Central Minnesota Senior Care (16 bed home).....(218) 828-4823  
 1008 10<sup>th</sup> St S, Brainerd  
 Edgewood Vista - Brainerd.....(218) 828-3691

14890 Beaver Dam Rd, Brainerd	
Edgewood Vista - Baxter .....	(218) 828-4770
14211 Firewood Drive, Baxter	
Golden Horizons .....	(218) 692-6650
13631 East Shore Road, Crosslake	
Harmony House .....	(218) 828-4142
218 SW 9 <sup>th</sup> Street, Brainerd	
Heartwood Senior Living.....	(218) 546-8500
500 Heartwood Drive, Crosby	
Hills Crossing Senior Care .....	(218) 961-5605
5307 Hills Crossing, Nisswa	
Nordic Woods Assisted Living .....	(218) 454-0580
14396 Grand Oaks Dr., Baxter	
Northern Lakes Senior Living.....	(218) 454-2121
8186 Excelsior Rd, Baxter	
Senior Class Community .....	(218) 839-1895
4451 East Woodman Street, Pequot Lakes	
Shiloh Assisted Living.....	(218) 568-4673
5384 Country Care Ln Pequot Lakes	
Silver Maple Residence... ..	(218) 825-9255
802 28 <sup>th</sup> St SE Brainerd	
710 28 <sup>th</sup> St SE Brainerd	
Whitefish @ The Lakes Senior Living.....	(218) 210 – 0770
35625 Ostlund Ave, Crosslake	
Woodland Good Samaritan Apartments .....	(218) 292-7335
200 Buffalo Hills Lane, Brainerd	

## **EDUCATION RESOURCES**

AEC.....	(218) 454-5400
Brainerd Community Ed.....	(218) 454-6924
Central Lakes College.....	(218) 855-8000
Confidence Learning Center.....	(218) 828-2344
Crosby Community Ed.....	(218) 545-8822
Independent School District 181 .....	(218) 454-6900
Minnesota Migrant Education Program.....	1 (800) 890-4853

Paul Bunyan Ed. Co-op.....(218) 454-5500  
Pequot Lakes Community Ed.....(218) 568-9200

## **EMERGENCY RESPONSE UNITS**

Ambulance & Emergency Care ..... (218) 829-8767 or 911  
Brainerd Police Department..... (218) 829-2805  
CentraCare Health.....(320) 251-2700 – Ext 2  
Cuyuna Regional Medical Center.....(800) 698-2311  
PAL Medical System.....(800) 852-6575  
Recover Health.....(218) 316-3444  
VRI.....888) 526-1456

## **ENERGY ASSISTANCE PROGRAMS**

Rural Housing Repair & Rehabilitation Loans & Grants .... (218) 829-5965 x 4  
Lutheran Social Services ..... (218) 829-5000  
Tri-CAP ..... (218) 829-2410  
TCC ..... (218) 829-2410  
Heat Share ..... (218) 829-1120

## **FINANCIAL/EMPLOYMENT**

Bridges of Hope .....(218) 825-7682 or (888) 750-2682  
Crow Wing County Community Services ..... (218) 824-1250  
(Food Support, Cash Assistance, Emergency Assistance, Medical Assistance)  
Hoge & Company, Representative Payee of Greater MN..... (218) 772-0289  
LSS Financial and Mortgage Counseling ..... (888) 577-2227  
Social Security Administration ..... (866) 331-9087 or Fax (833) 950-3393  
Thrivent Financial Certified LTC Advisor .....(218) 454-8272  
CareerForce Center.....(218) 892-3340

## FITNESS

Anytime Fitness.....	(218) 454-2000
Crossfit.....	(218) 851-9153
Curves – Nisswa.....	(218) 963-0100
It Figures – Brainerd.....	(218) 822-3302
It Figures – Pequot Lakes.....	(218) 568-6060
FitQuest – Brainerd.....	(218) 829-6453
Planet Fitness.....	(218) 270-2036
Take Down Gym.....	(218) 454-1770
Y.M.C.A.....	(218) 829-4767

## FOSTER CARE SERVICES FOR ADULTS

Breath Of Life Adult Day Services.....	(218) 822-3296
Crow Wing County Social Services.....	(218) 824-1140
Life Support Services.....	(218) 829-5790
Oak Haven Adult Foster Care.....	(218) 927-6624
43370 State Highway 210 Aitkin MN 56431	
Senior Advisor.....	(866) 768-7792

## HOME CARE AGENCIES

Advantage PCA Services.....	(218) 838-4543
Aide Home Care.....	(218) 546-6242
317 Irene Ave, Ironton	
Aveanna Home Health.....	(218) 316-3444
13782 Bluestem Court Ste 150, Baxter	
Barnabas .....	(218) 829-0901 or (800) 434-7225
223 Washington Street, Brainerd	
Comfort Keepers.....	(218) 822-3200
7957 College Rd, Baxter	
Grattan Health Care .....	(218) 820-1326
Good Samaritan Home Care .....	(218) 963-9452
24090 Smiley Rd Ste 200, Nisswa	

- Home Health Partnership.....(218) 546-2311 or (800) 698-2311  
320 Main Street, Crosby
- Home Instead Senior Care.....(218) 824-0077  
13432 Elmwood Dr Ste 24, Baxter
- Knute Nelson Home Care and Hospice.....(218) 454-1542  
15175 Edgewood Drive, Suite 160, Baxter
- Recover Health .....(218) 316-3444  
15 Washington Street, Brainerd
- Senior Class Care .....(218) 568-1098  
30849 First Street – PO Box 852, Pequot Lakes

**PERSONAL CARE SERVICES ONLY**

- Access Home Care..... (218) 568-7662
- Access North.....(218) 824-5228
- Advantage.....(218) 838-4543
- Golden Heart.....(218) 820-0871
- MN Home Care.....(218) 963-8899

**HOUSING**

Housing and Redevelopment Authority (HRA)

- Brainerd .....(218) 828-3705
- Crosby.....(218) 546-5088
- Deerwood and Ironton.....(218) 546-7434
- Pequot Lakes.....(218) 568-4555
- Renters Education (Home Line) .....(866) 866-3546
- USDA Rural Development.....(651) 602-7800
- Lakes Area Habitat for Humanity .....(218) 828-8517
- Brainerd Rental Inspector.....(218) 828-2307
- Brainerd City Inspector .....(218) 828-2307 OR (218) 454-3416
- The Bridge on 7<sup>th</sup> Overnight Shelter.....(218) 892-2400  
1926 S 7<sup>th</sup> Street Brainerd

## HOSPICE SERVICES

Good Samaritan Hospice.....	(218) 963-9452
Home Health Partnership.....	(218) 546-2311
Heartland Hospice .....	(218) 829-1252
Knute Nelson Home Care.....	(218) 454-1542
Lakewood Homecare and Hospice.....	(218) 894-1515
St Croix Hospice.....	(218) 203-9890
Horizon Health, Inc .....	(320) 468-6463

## LEGAL ASSISTANCE

Attorney General's Office - Consumer Division.....	(800) 657-3787
Free legal information for Renters.....	<a href="http://homelinemn.org">homelinemn.org</a>
Justice North.....	(218) 829-1701
Volunteer Lawyer Network.....	(612) 752-6655

## LGBT RESOURCES

LGBT National Help Center National Hotline .....	(888) 843-4564
First Congregational United Church of Christ .....	(218) 829-2528
415 Juniper Street, Brainerd	
Central Minnesota PFLAG .....	(320) 492-8486
SAGE: Services and Advocacy for LGBT Elders .....	(877) 360-5428

## LOW COST/FREE PHONE SERVICES

Life Wireless .....	(888) 543-3620
TerraCom Wireless .....	(888) 716-8880
T-Mobile Lifeline .....	(800) 937-8997

# MEDICAL MISCELLANEOUS

## Audiology Services

CRMC .....	(218) 546-7462 or (888) 420-2778
Essentia Health .....	218) 828-2880 or (800) 227-8262
Expressions Shoe Center (fit diabetic shoes).....	(218) 568-6690
Hear Now .....	(800) 328-8602 (ask for Hear Now)
Helping You Hear .....	(218) 855-1247
MEDICARE Link.....	<a href="http://www.medicareplans.com/minnesota">www.medicareplans.com/minnesota</a>
State Services for the Hearing Impaired.....	(320) 255-3707
Toll Free Voice.....	(800) 657-3663
Toll Free TTY.....	(888) 488-3909
Video Phone (for signing) .....	(651) 964-1514
State Services for the Blind.....	(651) 539-2300

# MEDICAL SUPPLIES

ActivStyle .....	(800) 651-6223
Aitkin Medical Supply .....	(218) 927-3113 (800) 488-9127
Brainerd Medical Supply .....	(218) 829-2100
Custom Medical Supply.....	(218) 326-2212 (877) 326-2212
LINCARE.....	(320) 632-3661
North Central Medical Supply .....	(218) 825-7331 (888) 577-7331
Specialty Home Medical .....	(218) 828-4710 (800) 450-4710

# MENTAL HEALTH

Autism Matters.....	(218) 454-5181
Ellie Mental Health.....	(651) 313-8080
Accepts Private Pay	
Essentia Health – St Joseph's (Grace Unit) .....	(218) 828-7437
Evoke Mental Health/Carlyn Becker.....	(218) 821-1208
Lakeland Psychiatry.....	(218) 828-7394

Lakewood Health System – Staples (Reflections Unit)..... (218) 894-8200  
 Lakeview Behavioral Health.....(218) 600-5253  
 Lutheran Social Services..... (218) 828-7379  
 Mille Lacs Health System – Onamia (Senior Care Unit) ..... (320) 532-2750  
 Northern Pines Mental Health Center ..... (833) 316-0698  
 Northern Pines Mental Health Urgent Care Clinic.....(218)454-8001  
 Northern Psychiatric Associates ..... (218) 454-0090  
 Open Arms Community Center..... (218) 673-7891

\*\*Day Drop In Center w/ Services

ReDEFYne.....(218)-232-6971  
 Sanford Behavioral (Bemidji) ..... (218) 333-2035  
 The Insight Network..... (218) 839-3095  
 The Therapist..... (218) 454-3288

**NEURO-COGNITIVE TESTING FOR DEMENTIA**

Alzheimer’s Association Helpline ..... (800) 272-3900  
 Dr Julie Eggers-Huber (Lakewood Health System) ..... (218) 894-1515  
 Dr Jeffrey Kearney (St Cloud) ..... (320) 258-3833  
 CentraCare (Behavioral Health St Cloud) ..... (320) 255-6677  
 University of Minnesota Neurology Department ..... (612) 273-3000

**COUNSELING/THERAPY**

Acquire Mental Health ..... (218) 833-9103  
 Birchlake Counseling Center..... (218) 675-5101  
 Clearview Counseling (Aitkin)..... (218) 429-0110  
 Compass Counseling..... (218) 961-4673  
 Ellie Family Services (Brainerd) ..... (651) 313-8080  
 Lakes Country Counseling.....(218) 454-0878  
 Leech Lake Band Behavioral Health Services ..... (218) 335-3050  
 New Beginnings Counseling (Aitkin)..... (218) 429-0105  
 Northland Counseling Center (Aitkin and Grand Rapids) ..... (218) 670-0005  
 Nystrom & Associates..... (218) 829-9307  
 Whole Person Counseling (Crosby) .....(218) 772-0131

**DOMESTIC VIOLENCE / SEXUAL ASSAULT COUNSELING**

Day One Services (Statewide) ..... (866) 223-1111  
 Healing opportunities provided Equally (Aitkin) ..... (888) 276-1720

Support within Reach (Aitkin).....(866) 747-5008  
 Family Safety Network (Cass County).....(800) 324-8151  
 Sexual Assault Services (Crow Wing).....(888) 458-0494

## **NURSING HOMES**

### **Aitkin**

Aicota.....(218) 927-2164  
 Aitkin Health Services.....(218) 927-5526

### **Brainerd**

Bethany.....(218) 829-1407  
 Woodland.....(218) 829-1429

### **Crosby**

Cuyuna Regional Care Center.....(218) 546-7000

### **Little Falls**

Little Falls Care Center.....(320) 632-9211  
 St. Otto's Care Center.....(320) 632-9281

### **Onamia**

Mille Lacs Nursing Home.....(320) 532-2729

### **Pierz**

Pierz Villa.....(320) 468-6405

### **Pine River**

Whispering Pines.....(218) 587-3209

### **Staples**

Lakewood Health System.....(218) 894-1515

### **Wadena**

Fair Oaks Lodge.....(218) 631-1391

### **Walker**

Golden Living Center.....(218) 547-1855

## **NUTRITION SERVICES**

Fare for All ..... (763) 450-3880 / (800) 582-4291  
 NAPS (Nutritional Assistance Program for Seniors)..... (218) 326-4420 ext 2  
 Operation Sandwich..... (218) 825-7682  
 Ruby's Pantry (food distribution).....(651) 674-0009

2<sup>nd</sup> Tuesday of each month - \$25 donation

rubyspantry.org

- Sharing Bread Soup Kitchen.....(218) 829-4203
- The Outreach Program.....(218) 961-0055
- Pop-up Produce.....[secondharvestncfb.com/get-help/find-food/](http://secondharvestncfb.com/get-help/find-food/)

**FOOD SHELVES:**

- Aitkin (218) 927-2028
- Brainerd (Salvation Army) .....(218) 829-1120
- Brainerd (First Baptist Church).....(218) 829-5767
- Community Care 'N Share (Emily).....(218) 763-2677
- Crosslake.....(218) 692-1004
- Cuyuna/Crosby .....(218) 546-3139
- Emily .....(218) 763-3663
- Garrison.....(320) 692-5399
- Lakes Area (Pequot) .....(218) 568-8474
- Pillager.....(218) 746-4009

**MEAL PROGRAMS:**

- Homestyle Direct .....(866) 735-0921
- Mom's Meals (private pay) .....(877) 508-6667
- For those on waiver programs.....(866) 204-6111
- Senior Dining, Brainerd (LSS) .....(218) 824-6026
- Senior Dining, Crosslake.....(218) 210-0770
- SNAP Food Support Program (formerly Food Stamps) .....(218) 824-1250
- LSS Meals on Wheels (Pequot, Nisswa, Pine River, Breezy) .....(218) 587-2921

**RESPIRE SERVICES**

- Advantage PCA Services.....(218) 838-4543
- LSS Respite .....(800) 488-4146
- Golden Heart Home Health Services, LLC... ..(218) 820-0871

**\*\*Please see Home Care section for in-home respite\*\***  
**\*\*Please see Customized Living section for out-of-home respite\*\***

## **SAFE HAVEN HOUSING**

Relationship Safety Alliance.....(218) 828-1216 OR (888) 777-1248  
[info@relationshipsafety.org](mailto:info@relationshipsafety.org)  
Advocates Against Domestic Abuse (HOPE)..... (218) 927-2327 OR (888) 276-1720  
[help@aitkinhope.org](mailto:help@aitkinhope.org)  
The Bridge on 7<sup>th</sup> Overnight Shelter.....(218) 892-2400  
1926 S 7<sup>th</sup> Street Brainerd

## **SENIOR CENTERS & SENIOR GROUPS**

Senior Activity Center (The Center)..... (218) 829-9345  
Central Minnesota Senior Care.....(218) 828-4823

## **SENIOR HOUSING**

### **BAXTER:**

Autumn Glen & Arbor Glen..... (218) 828-0599  
Excelsior Court Apartments..... (218) 824-8403

### **BRAINERD:**

Mississippi Terrace Apartments ..... (218) 829-0274  
Northern Lights Apartments ..... (800) 466-7722  
NorthStar Apartments (Brainerd HRA) ..... (218) 828-3705  
Oakcrest II Apartments..... (218) 824-8403  
Oakcrest Manor ..... (218) 851-2272

### **CROSBY:**

Edgewood/Dellwood Apartments (Crosby HRA) ..... (218) 546-5088

### **DEERWOOD:**

Woodland & Indian Carry Apartments ..... (218) 534-2912

### **IRONTON:**

Ironton Terrace & Ironton Villa Apartments ..... (218) 546-6886

**NISSWA:**

Pine Shadow Apartments..... (218) 824-8403

**PEQUOT LAKES:**

Sibley Terrace & Parkview Apartments ..... (218) 568-4555

LSS Hope Housing..... (218) 829-5000

## **SUPPORT GROUPS FOR CAREGIVERS**

Bethany Good Samaritan. .... (218) 829-1407

Older adult caregivers - LSS ..... (218) 203-7312

Parkinson's Support Group..... (218) 828-4700

TBI Support Group ..... (218) 829-4492

**MEMORY LOSS SUPPORT GROUPS:**

*4<sup>th</sup> Wednesday of every month:*

Home Instead.....(651) 492-3600

108 South 6<sup>th</sup> Street, Brainerd (11:30 AM – 12:30 PM)

Heartwood Senior Living.....(218) 545-8522

500 Heartwood Dr, Crosby (3:00-4:00 PM)

## **SUPPORT GROUPS & TREATMENT PROGRAMS**

ADAPT of MN.....(218) 829-1063

America Cancer society helpline.....(800) 227-2345

Central MN Adult & Teen Challenge.....(218) 833-8777

Focus Unit St. Joseph's Hospital.....(218) 828-7374

ALANON.....(218) 825-3770

Alcoholics Anonymous.....(218) 828-4811

Central Lakes AA.....(218) 829-3740

Narcotics Anonymous.....(877) 767-7676

Advocates Against Domestic Abuse.....(888) 276-1720 or (218) 924-2327

Suicide Prevention Hotline.....(800) 273.8255

LSS Youth Services Homeless Runaway Program..... (218) 828-4383 or (888) 828-4383

Cuyuna Range Youth Center.....(218) 545-6575

Kinship Partners (Crow Wing County).....(218) 829-4606

Salem West (Deerwood).....	(218) 534-4962
Smiles for Jake.....	<a href="http://www.smilesforjake.org">www.smilesforjake.org</a>
The Lighthouse Project.....	<a href="http://www.lhpmn.org">www.lhpmn.org</a>
The Shop Brainerd (youth services).....	(218) 454-0009
United Way 211.....	(800) 543-7709
Lakes Area United Way.....	(218) 829-2619
CRMC Cancer Support Group .....	(218) 546-4302 or (218) 546-4319
Lutheran Social Services Care Giver Support Program.....	(866) 787-9802
Lutheran Social Services Grief and Loss Support Group.....	(866) 787-9802
Lutheran Social Services Neighbor to Neighbor.....	(887) 540-9443
Friendship Line.....	(800) 971-0016
Grief Resources.....	<a href="http://grief.com">grief.com</a>
Grief Support and Education (Essentia Health).....	(218) 828-7442
Parkinson's Support.....	(800) 473-4636
National Alliance on Mental Health NAMI.....	(888) 626-4435
NAMI North Central Region.....	(218) 828-4877
(serving Aitkin, Crow Wing, Morrison, Todd and Wadena Counties)	
Gamblers Anonymous 24-hour help line.....	(855) 222-5542

## **TRANSPORTATION SERVICES**

C.A.R.E Directory.....	(218) 829-5278
Comfort Keepers (Elderly Transportation).....	(218) 822-3200
Crow Wing County Transit.....	(866) 925-7433
Brainerd Area Taxi.....	(218) 828-1111
Dial-a-Ride (Brainerd Area Public Transit).....	(218) 825-7433
Formal Driver Evaluations - St Cloud.....	(651) 297-3298
Jefferson Lines.....	(858) 800-8898
Medivan (Medical).....	(218)828-1860 or (800) 422-0976
Peoples Express (Wadena).....	(800) 450-0123
Pequot Lakes Senior Citizen Van.....	(218) 568-9366
Veteran's Service Office (veterans only).....	(218) 824-1058
Van to Abbott Hospital.....	(800) 258-1210
Grey Hound Bus Lines.....	(800) 231-2222
Road to Recovery (cancer related rides).....	(800) 227-2345
Salvation Army.....	(218) 829-1120
Schu-Tran.....	(320) 968-7478

Shriner's For Children..... (218) 722-7488  
Virtual Peer Support Network (Wellness in the Woods).....(844) 739-6369

**HEALTH PLAN RIDES:**

Blue Ride (BC/BS).....(866) 340-8648  
Health Partners.....(888) 288-1439  
Medica Provide-a-Ride.....(800) 601-1805  
UCare Healthride.....(800) 864-2157

**VETERANS RESOURCES**

Brainerd VA Clinic ..... (218) 855-1115  
Crow Wing County Veterans Service Office..... (218) 824-1058  
LinkVet.....(888) 546-5838  
St Cloud VA Health Care System.....(320) 252-1670 or (800)247-1739  
LSS Military & Veteran Family Support Services .....(844)577-2673  
Veterans Administration .....(800)827-1000  
Veterans Crisis Line.....(800)273-8255 or 988 X 1

**VOLUNTEER SERVICES**

Interfaith Volunteers.....(218) 820-7454  
United Way.....211 or 1-800-543-7709

**REVISED ON: 02/14/25**