

Name \_\_\_\_\_ **Kitchen Safety**

# Kitchen Safety

**DIRECTIONS:** Put a check mark next to all of the things you and your family can do to stay safe in the kitchen.

\_\_\_\_\_ Always wear shoes.

\_\_\_\_\_ Avoid long or baggy clothes.

\_\_\_\_\_ Keep pot handles turned away from the front of the stove

\_\_\_\_\_ Wash your hands before and after handling food.

\_\_\_\_\_ Use different chopping boards for raw meat, fruits, and vegetables.

\_\_\_\_\_ Never leave stovetop dishes unattended while the burner is on.

\_\_\_\_\_ Use oven mitts when handling hot things.

\_\_\_\_\_ Wipe up spills immediately.

\_\_\_\_\_ Keep a fire extinguisher handy.

\_\_\_\_\_ Keep knives sharp.

\_\_\_\_\_ Always slice with the knife away from your hands.

\_\_\_\_\_ Keep the tip of the knife on the chopping board when mincing.

\_\_\_\_\_ Choose the right knife for the task you need to do.

\_\_\_\_\_ Secure your chopping board.

